

LUNCH PLANNER

MONDAY



RICE AND SALMON SALAD

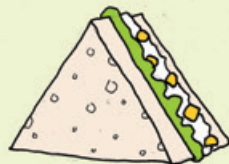


BANANA



MILK

TUESDAY



CHICKEN, SWEETCORN AND LETTUCE SANDWICH



PEACH



YOGHURT



WATER

WEDNESDAY



HUMMUS WITH PITA BREAD SLICES/ CRACKERS FOR DIPPING



CHERRY TOMATOES, KIWIFRUIT



CHEESE CUBES/ CHEESE SNACK



WATER

THURSDAY



HOMEMADE PIZZA SLICE



SATSUMA SEGMENTS

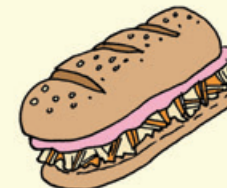


YOGHURT



100% FRUIT JUICE

FRIDAY



DENNY HAM AND HOMEMADE COLESLAW WHOLEGRAIN ROLL



PEAR



MILK

DENNY

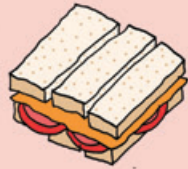
THE TASTE OF HOME

For great lunchbox tips visit homeis.ie

LUNCH PLANNER



MONDAY



CHEESE AND TOMATO SANDWICH SOLDIERS



RAINBOW FRUIT SALAD

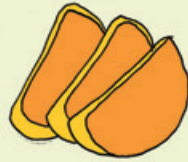


WATER

TUESDAY



DENNY HAM PITTA POCKETS



SATSUMA SEGMENTS



YOGHURT



100% FRUIT JUICE

WEDNESDAY



TERRIFIC TUNA PASTA SALAD

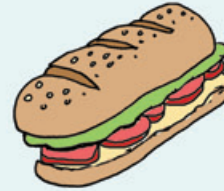


SMALL APPLE, RAISINS



MILK

THURSDAY



EGG, LETTUCE AND TOMATO ROLL



HANDFUL OF GRAPES



CHEESE CUBES/
CHEESE SNACK



WATER

FRIDAY



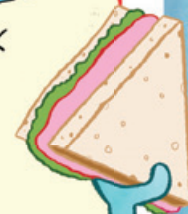
CHICKEN TORTILLA WRAP



BANANA



MILK



DENNY

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